



# Plymouth Coasters Annual



## Santa's Xmas Pud Run

Route, in and around Plymouth's Central Park.  
Approx 5Km (depending on areas closed for the Life Centre).

Sunday 11<sup>th</sup> December 2011 10:00 am. Entry fee £10

Start and finish by The Park & Ride car park.

Santa Suit Red or Green (one size fits all) included in entry fee

All runners must wear a Santa Suit.



All monies raised will be donated to a local charity.



Come and join in the fun!! There are no prizes but come and help make a difference this Xmas!!!!

**CLOSING DATE FOR ENTRIES 1st DECEMBER 2011 or when full**

**NO ENTRIES ON THE DAY**

**200 Limit Apply Early!!!**

Send completed entry form, entry fee and SAE to Race Secretary, C/O 'Mainstone', Honcray, Plymstock, Plymouth. PL9 7RP Cheques made payable to Plymouth Coasters.

SURNAME		FIRST NAME	
ADDRESS			
POSTCODE		TEL No	SEX
D.O.B		AGE ON DAY	SUIT COLOUR RED/GREEN

I enclose a fee of £..... (Made payable to 'Plymouth Coasters') with a Stamped addressed envelope (A5 size).

I declare that I will abide by the rules of UKA. I am over 13 years old and accept that the organisers will not be liable for any injury, loss, damage, action claim, costs or expenses which may arise in consequence of participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that in any event I will only compete at my own risk. Medical support is provided by Pioneer Medical Services.

Signed

Parent/Guardian's signature if under 16

For office use only